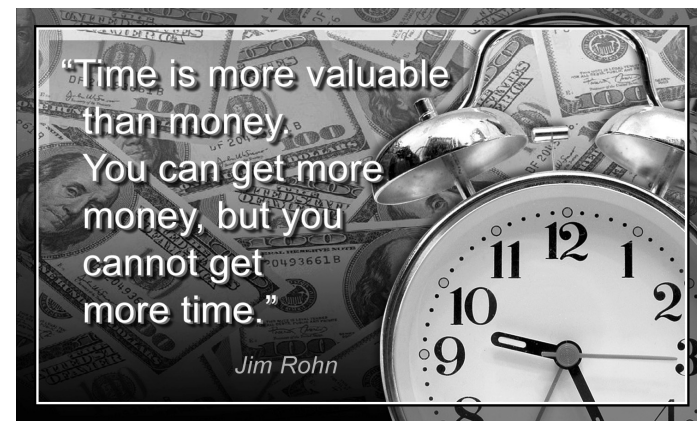


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2011 Advertising

The Villager is published the last week of each month by the:

Ashburn Village Community Association, Inc.
44025 Courtland Drive
Ashburn, Virginia 20147

Advertising space is limited.

All advertising must be paid for in advance or at the time of ad placement. Absolutely no advertiser refunds will be made on missed copy due dates!

Contact us at avca@ashburnvillage.org to confirm ad deadlines.

Advertiser prepayment is not refundable when "reserved space" advertising copy is not submitted by the due date.

An Insertion Order (IO) is required for Display and Classified advertisements and can be obtained at the office, by fax, or on our website at www.ashburnvillage.org.

Camera-ready artwork, properly sized, is required.

No changes will be made by AVCA.



Neither the AVCA, its members, Board of Directors, or the Ashburn Village Development Corporation (AVDC) recommends or endorses any advertiser. The AVCA reserves the right to decline any advertisement for any reason it deems appropriate. Submitted articles are the opinion of the author and do not necessarily reflect the opinions of the AVCA or the Board of Directors. Articles may be edited for the sake of clarity or length.

Board of Directors

PRESIDENT

Jennifer Horvath
jhorvath@ashburnvillage.org
2009-2011 Term

VICE PRESIDENT

Doug Carlson
dcarlson@ashburnvillage.org
2010-2012 Term

TREASURER

Chris Hettinger
chettinger@ashburnvillage.org
2009-2011 Term

SECRETARY

Samantha Bailey
sbailey@ashburnvillage.org
2009-2011 Term

Karen Guthrie
kguthrie@ashburnvillage.org
2010-2012 Term

Richard Nutwell
rnutwell@ashburnvillage.org
2010-2012 Term

Jack Ryan
jryan@ashburnvillage.org
Home: 571-223-2996
Cell: 571-226-7695

Need to contact the Board? Email messages can be sent to bod@ashburnvillage.org

Board Meeting Information

The next regularly scheduled meeting of the Board of Directors will be held at 6:00 p.m. on January 25, 2011 at the Lakes Recreation Center, 44078 Cheltenham Circle.

An agenda is posted on the website, www.ashburnvillage.org and at both the Ashburn Village Sports Pavilion and AVCA office on Courtland Drive at least 48 hours in advance of the meeting.

Homeowners with Board business should arrive in time to sign in and will be asked to adhere to a 3-minute speaker's limit. Contact the AVCA office at (703) 723-7910 if you have any questions.

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The Villager is published monthly by the Ashburn Village Community Association, Inc., for the residents of Ashburn Village.



Ashburn Village Community Association, Inc.
 Monday thru Friday from 8:30 a.m. to 5:30 p.m.
 (703) 723-7910 Direct • (703) 478-8583 Fax
 www.ashburnvillage.org

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jpeak@ashburnvillage.org

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Resident Services Manager
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Mark Schnupp, x104

Facilities & Grounds Manager
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Gail Fishkin-Ogle, x103

Finance & HR Manager
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Facilities & Grounds Supervisor

McKane Goldizen

Facilities & Grounds Assistant

Neil Puffinburger

Facilities & Grounds Assistant

Darren Phares

Facilities & Grounds Assistant

Committee Meetings

Check Village message boards and our website for any last minute changes and for important information. Message boards are located on Ashburn Village Boulevard at the Farmwell entrance of the Village near Fultonham Circle (northbound lane) and at the Rt. 7 entrance to the Village at Courtland Drive (southbound lane), as well as near the pool areas of the Mills, Lakes, and Woods Recreation Centers.

Upcoming Meetings

Board of Directors (BOD)

Tuesday, January 25th, 6:00 p.m.
 Lakes Recreation Center, Cheltenham Circle

Architectural (AERC)

Tuesday, January 4, 6:00 p.m.
 AVCA Office, Courtland Drive

Budget & Finance (B&FC)

Monday, January 17, 6:30 p.m.
 Lakes Recreation Center, Cheltenham Circle

Competitive Swimming Committee (AVCSC)

Thursday, January 13, 7:30 p.m.
 Lakes Recreation Center, Cheltenham Circle

Facilities & Grounds (F&GC)

Monday, January 10, 6:00 p.m.
 Mills Recreation Center, Grottoes Drive

Lakes & Ponds (L&PC)

Wednesday, January 19, 7:00 p.m.
 Mills Recreation Center, Grottoes Drive

Neighborhood Watch (NHWC)

* Meeting Date/ Location Change- Meetings to be held every other month
 Next meeting Tuesday, February 8, 7:00 p.m.
 Mills Recreation Center, Grottoes Drive

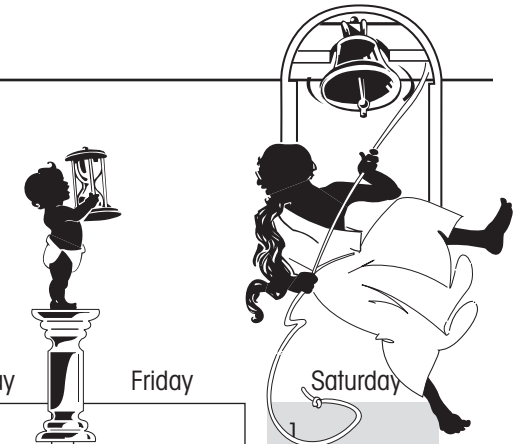
Recreation and Community Events (R&CEC)

Wednesday, January 5, 7:00 p.m.
 Ashburn Village Sports Pavilion

Tennis (AVTC)

Tuesday, January 4, 11:00 a.m.
 Woods Recreation Center, Louisa Drive

**2011
 January**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 BOD Working Session at the Woods Rec Center at 6:00 p.m.	5 Recreation & Community Events Committee AVSP 7:00 p.m.	6	7	8
9	10 Facilities & Grounds 6:00 pm Mills Rec Center	11	12	13 Competitive Swim Committee 7:30 pm Lakes Rec Center	14	15
16	17 Budget & Finance Meeting 6:30 p.m. Lakes Rec Center	18	19 Lakes & Ponds Committee 7:00 pm Mills Rec Center	20	21	22
23	24 Budget & Finance Meeting 6:30 p.m. Lakes Rec Center	25 Board of Directors Lakes Rec Center 6:00 p.m.	26	27	28	29
30	31					

Pet and Babysitting: I have taken a Red Cross babysitting course which included CPR training for infants and older children. I love and own/worked with animals of all sorts. Will babysit for newborn-10 years. Contact Megan at 571-277-0402.

Flute Lessons: I have eight years of flute playing experience and am offering lessons for beginner and intermediate level flute students. The fee will be \$15 per half hours session. Contact 703-729-1591.

Babysitting and Pet Sitting: Caris Cole, two + years experience. Loves kids and animals. Very responsible and dependable. 703-729-2162 or helenhc2@gmail.com

Mother's Helper/Babysitter/Petsitter: Katelyn Leidy is very responsible, loves kids and animals. Competitive swimmer, willing to help at the pool. Pre-school experience and references. If interested call 703-729-6107.

Jackie Lopez-Boggio: Very responsible and patient. Will babysit newborns to 10 years old. Can tutor in math, Spanish, French etc. Call 571-247-7761 or email me at jaivlobo93@msn.com. 3+ years of experience.



 **Lori Christ, CPA LLC**
Lori@LoriChristCPA.com -Certified Public Accountant
703-304-5173 -Enrolled to Practice before the IRS

- *Individual Tax Planning & Preparation
- *Bookkeeping for Small Businesses
- *Monthly Financial Statements
- *Business Tax Consulting & Preparation
- *Small Business Set up
- *Sales Tax Returns, Payroll Tax Reports

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Dr. Diana J. Slavin
Dr. Paul Colbourne
Dr. John M. Dresely
 (Doctors of Optometry)

New location! **Ashburn**
 (Ashburn Village Plaza, Next to the Ashburn Wine Shop)
 44050 Ashburn Village Plaza, Suite 163
(703) 726-0005

Chantilly
 Chantilly Professional Building
 3910 Centreville Road, Suite 100
(703) 830-6380

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Happy New Year Ashburn Village!

Have you made your New Year's resolutions yet? Most of us make some sort of personal resolution to eat better, take better care of ourselves, stop smoking or start an exercise plan. This year why not make a resolution to get more involved in your community? Many of our committees are in desperate need of new members, with new ideas and a fresh point of view. This year resolve to get involved!

2011 will bring some much needed changes to the Village -starting off with a new and improved website. For years our website has been a little on the lackluster side and not very user friendly. By the time this edition of the Villager hits your mailbox it should be up and running. I invite you to take a tour and stop and visit all of the new interactive areas. Speaking of the Villager - in 2011 we will only publish hard copies of the Villager (the ones that get delivered to your mailbox) four times a year. The rest of the year the Villager will be available on-line - to view or print. In an effort to contain rising print costs and to help keep our budget in line the Board decided it was in our best interest to go in this direction. Additionally this generates less paper - a greener philosophy - and takes advantage of the fact that more people are going the digital route for their daily dose of information.

Have you seen the new benches around Pavilion Lake? Several of our seniors asked that more benches be made available around this lake to make their walking exercise program more attainable, by giving them areas to stop and rest before continuing the lap around the lake. Our Facilities crew installed several more and now there are a total of five surrounding the lake. In 2011 we are looking to add more features such as these benches - not just around our lakes, but in strategic areas to further beautify our Village. Face it - we all need a comfy seat now and then

to stop and take in our community. You made have also noticed the landscape work being done up and down the median strips - so far - things look great! In the coming year we will continue our landscape revitalization program that was started a few years ago. It has already made such an impact on the look of Ashburn Village. The Board is also continuing to tweak the Sports Pavilion revitalization plan - look for more info on that coming soon.

There is so much more to come, but if I tell you everything now I'll have nothing to write about later. For now I'm looking forward to working with the rest of the board, our staff and our wonderful volunteers to bring Ashburn Village BACK to its rightful place of being THE place to live in Loudoun County. But, as I always say it takes all of us working together for a common idea for it to really work.

**"Another fresh new year is here . . .
 Another year to live!
 To banish worry, doubt, and fear,
 To love and laugh and give!
 This bright new year is given me
 To live each day with zest . . .
 To daily grow and try to be
 My highest and my best!
 I have the opportunity
 Once more to right some wrongs,
 To pray for peace, to plant a tree,
 And sing more joyful songs!"**

- William Arthur Ward

Ashburn Classics

The Ashburn Classics will hold their next meeting at the Mills Recreation Center in Ashburn Village starting at 10:15am on January 8, 2011. The business meeting will start promptly at 10:30am. Our guest speaker will be a representative from the Area Agency on Aging who will discuss MEDICARE and associated topics. If you are 50+ and live in the Ashburn area, please attend and learn more about MEDICARE and how it affects all of us. Delicious refreshments will be served. Please call 703-729-3531 for more information.

Important Numbers

American Disposal Services	1 (703) 368-0500
Ashburn Library	(703) 737-8100
Ashburn Volunteer Fire Department	(703) 729-0006
AVCA Office Direct Dial	(703) 723-7910
Fax Line	(703) 478-8583
E-mail	avca@ashburnvillage.org
Website	www.ashburnvillage.org
Dominion Virginia Power	(888) 667-3000
DMV	1(866) 368-5463
Loudoun Co. Animal Control	(703) 777-0406
Loudoun Co. Board of Supervisors	(703) 777-0204
Comment Line	(703) 777-0115
Loudoun Co. Chamber of Commerce	(703) 777-2176
Loudoun Co. Crime Solvers	(703) 777-1919
Loudoun Co. Game Warden	(703) 777-0445
Loudoun Co. Health Department	(703) 777-0236
Loudoun Co. Parks, Recreation & Community Services	(703) 777-0343
Loudoun Co. Public Schools	(703) 771-6400
Ashburn Elementary	(571) 252-2350
Broad Run High School	(571) 252-2300
Dominion Trail Elementary	(571) 252-2340
Farmwell Station Middle School	(571) 252-2320
Loudoun Co. Senior Center, Cascades	(703) 430-2397
Loudoun Co. Sheriff's Department	
Administration	(703) 777-0407
Emergency	911
Non Emergency	(703) 777-1021
Community Policing	(703) 729-0581 x123
Loudoun Co. Traffic Hotline	(703) 771-5798
Loudoun Hospital Center	(703) 858-6000
Loudoun Co. Library Administration	(703) 777-0368
Loudoun Co. Planning Department	(703) 777-0246
Building Permits	(703) 777-0220
Miss Utility	1 (800) 552-7001
Saddle Ridge Apartments	(703) 729-0090
Sequoia Realty-Lakeshore Condos	(703) 723-7960
Sports Pavilion	(703) 729-0581
Virginia State Police	1 (800) 572-4510
Washington Dulles Int'l Airport	(703) 572-2700
Washington Gas	(703) 750-1000
Wingler House Apartments	(703) 858-9507
YMCA of Loudoun County	(703) 777-9622

January 2011 Report

Submitted by Bob Ohneiser Esq.,
School Board Representative for the Broad Run District

By the time this is published we will be past the holidays so I can only offer a belated hope that all had sufficient quality time with their families to at least last until the next holiday or Facebook photo update. We are now in the midst of another controversial budget period which in terms of capital has a large effect on the Broad Run District. Our schools are the most crowded in the county. I'm told we represented over 22% of all the positive votes toward building ES15 in Leesburg next year. The Broad Run District has been more than fair in its support of school needs across the county and now we are overdue for some new school capacity in our own backyard. The Board of Supervisors has already planned to support another elementary school, middle school and high school for our area so stay tuned. Formal efforts have been made already to provide for locations for each of these schools on a very reasonable basis. Even though we handle and discuss the operating budget and the capital budget separately, they need to be considered jointly. The rating agencies that dictate whether we continue to have a AAA rating look at both our debt to revenues and our operating costs. In order to maximize our ability to continue to provide for excellent schools I've initiated a few efficiency studies to improve bus services as there are almost 500 routes with very low bus utilization rates. I also submitted for consideration to the joint BOS and School Board committee of which I am a member a series of ideas that could increase the amount of non-tax related funds that could flow into the county to support our schools. BOS members said they would follow up on the marketing concepts provided by me during the meeting and I hope they do. When carefully reviewing the policies of tax collection it should be noted that not all entities pay the same property tax that we do as residents of Ashburn Village. I've suggested numerous times that Supervisors should make sure they collect what is fair before they claim they can't afford a top notch school system. I continue to appreciate the great support I get from the neighborhood and always welcome comments or concerns. OhneiserLaw@Verizon.net



Master Improvement Painting: We specialize in interior/exterior painting, carpentry, powerwashing, sealing decks and repairing rotten wood. References available. Call for a free estimate. 703-731-9651. www.masterimprovementpainting.com

REAL ESTATE

Luxury: 2BR with 2BA condo at the Four Seasons Active Adult Community in Ashburn. Contact Walt Sobie realtor MBA your active adult specialist at 703-989-4705 or walt.realestate@gmail.com

SPECIAL INTEREST

MOMs Club of Ashburn Village area offers fun and support to mothers through playgroups, field trips, Moms' Night Out, and more! Meet and greet meetings held monthly are open to prospective members. Email ashburnmomsclub@yahoo.com or visit <http://www.avmomsclub.50webs.com/>.

American Idol Dream Ticket Competition: Searching for talented performers ages 15-28 to compete for the

American Idol Dream Ticket. If you think you have what it takes to make the top 20 in American Idol season 11, visit <http://lopezstudios.org/americanidol.html> to sign-up for this local competition! This may be the open door you are looking for!

VILLAGE HELPERS

In an ongoing attempt to provide the best service to our residents, we will no longer be listing the ages of the Village Helpers. Parents are encouraged to closely monitor any correspondence directed at their children as a result of these advertisements. Please be advised that "Village Helpers" is reserved for Ashburn Village adolescents who offer their various services.

Babysitting: Brice Pinson, Will baby-sit 6 months on up. 3 years experience (can provide references) Please call 703-729-5642.

Pet Sitting and Babysitting: Pet sitting and babysitting Neil Hartman very responsible. Please call 703-729-2453. Pet Sitting: Jessica Feddersen Loves animals, very responsible. Call 571-271-9002 or email me at jessicaf_dancer_11@hotmail.com.

(CONTINUED ON NEXT PAGE)

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- Spaying, Neutering & Dentistry
- New Facilities With Modern Equipment
- In-House Laboratory, Pharmacy & Radiology
- Holistic Approach Available — Acupuncture, Herbal Therapies & Homeopathy offered at our Ashburn Farm Location Only

<p>Ashburn Farm 703-726-8784 43330 Junction Plaza Blvd. Suite 172 Ashburn, VA 20147 (Next to Giant Food at the Claiborne & Ashburn Farm Parkway Intersection)</p>	<p>Brambleton 703-327-8471 42385 Ryan Road Suite 112 Ashburn, VA 20148 (Harris Teeter Shopping Center 'around back', behind Subway)</p>
---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------

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Plumbing Service 20% Off	Gas Log Service * Clean Pilot Assembly * Check for proper operations \$130.00	Seasonal Checkup \$79.95	Any Size Water Heater Installed \$45.00 Off

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Ashburn Electric: Specializing in Recess Light Installation & Service. Licensed/Insured.Call Craig at 703-858-7332. Ashburn resident.

Ggggrrrrr! Computer crashed? Network down? Kid installed a game and killed your computer? Computers confuse you? Email an enigma? Internet incomprehensible? Call Less Silberberg, your local Ashburn computer guy. 703-304-1130. PCs, Macs, Networks-Maintenance, installation, problem solving. Daytime, evening, weekend appointments.

T.W.A. Irrigation: Sprinkler irrigation systems, new installation spring turn on winterizations service repairs. Ashburn Village resident Licensed Contractor. Please call 703-723-9253. Ashburn residents free estimates and 10% off any service.

T.W.A. Electric: Ashburn Village resident Licensed Contractor. Electrical repair fixture installation ceiling fans recessed lights panel upgrades outdoor lighting. Please call 703-723-9253. Ashburn residents free estimates and \$25 off any service

Use Garneski: For your A/C and heating needs. Garneski Air Conditioning and Heating Company is your local Carrier dealer.10% off any service up to \$150 for Ashburn Village residents. Visit us at info@garneskiac.com or Call 703-880 2770

Camann Painting: Interior and exterior. Powerwashing, rotten trim replacement, drywall repairs, crown/ chair rail installation. No job too small. Call Dave for free estimates. 703-444-4442. Licensed/insured, serving Ashburn since 1987. Check us out on the web camannpainting.com.

BANE Electrical Service LLC: Residential & Commercial Electrical work. **Specializing in Home Generator Systems Certified (Briggs & Stratton Dealer).** We can handle any of your Residential or Small Commercial Electrical needs. Trouble Shooting Experts!!! Licensed and Insured Electrical Contractor in Va/Md. Call 703-723-6501 (Ashburn Resident)

(CONTINUED ON NEXT PAGE)

November Meeting

The November 9, 2010 scheduled monthly meeting of the 2009-2010 Board of Directors was called to order at 6:00 p.m. by President M. Doug Carlson.

Among other business:

- The formal seating of the 2010-2011 Board of Directors was as follows:
Jennifer Horvath - President
M. Doug Carlson - Vice President
Samantha Bailey - Secretary
Chris Hettinger - Treasurer
- Approved the minutes of the September 28, 2010 Board of Directors meeting.
Approved: Bailey, Carlson, Hettinger, Horvath, Nutwell, Ryan
Abstained: Guthrie
- A homeowner expressed concerns regarding the Board's efforts to reach out to the entire constituency of Ashburn Village.
- A homeowner expressed concerns regarding the Board not approving the nomination of Karen Guthrie for President of the Board of Directors.
- A homeowner expressed concerns regarding the use of the AVSP by non-residents.
- Moved to cancel the December 2010 Board of Directors meeting.
Approved: Bailey, Carlson, Hettinger, Horvath, Nutwell
Opposed: Guthrie, Ryan
- Received the President's Report. Highlights included welcome remarks to new Board members and BOD liaison committee assignments.
- Received the Treasurer's Report. Highlights included Village Fest expenses and 2011 Budget.
- Received the Finance Manager's report. Highlights included a review of the Budget and Finance Committee meeting held earlier in the month. The report represented in all material respect the financial condition and results of operations of the Ashburn Village Community Association as of, and for the periods January 1-September 30, 2010.

Old Business consisted of the following:

- Reviewed 2nd draft of AER Guideline revisions. No formal action taken.

New Business consisted of the following:

- Approved the use of the Pavilion indoor by the BWST for an Olympian Clinic in February 2011.
Approved: Bailey, Carlson, Hettinger, Horvath, Nutwell, Ryan
Opposed: Guthrie
- Received the General Manager's Report. Highlights included an Action Item List of various tasks discussed at the BOD meeting and status of said tasks to report to the BOD on a monthly basis.
- Received the Facilities and Grounds Manager's Report. Highlights included the status of maintenance projects within the Village.
- Received the Resident Services Manager's Report. Highlights included the status of lot by lot inspection process, AER Guidelines revisions and the electronic file conversion into the AIMS system.
- Received the AVSP Management Report. Highlights included recap of Village Fest 2010.
- Approved the use of five lanes at the indoor Pavilion pool for BRHS swim team practices Monday-Thursday, 7:00-8:00 a.m. beginning November 2010 through February 2011.
Approved: Bailey, Carlson, Guthrie, Hettinger, Horvath, Nutwell, Ryan
- Reviewed committee reports and minutes. Ms. Horvath provided a detailed synopsis of the NHWC meeting on Internet Safety.
- Adjourned into Executive Session to discuss personnel matters at 8:05 p.m.
- Reconvened regular meeting at 9:12 p.m.
- Approved the pay increase for FY 2011 for AVCA staff of up to 2.5%.
Approved: Bailey, Carlson, Guthrie, Hettinger, Horvath, Nutwell, Ryan

The meeting adjourned at 9:15 p.m.



3rd Annual Greek Orthodox Parish of Loudoun County
TASTE OF GREECE

Ashburn Volunteer Fire Rescue Department, Founder's Hall
20688 Ashburn Road, Ashburn, VA 20147

FRIDAY January 28 4:00PM – 9:00PM	SATURDAY January 29 11:00AM – 9:00PM	SUNDAY January 30 11:00AM – 7:00PM
---------------------------------------------	------------------------------------------------	----------------------------------------------

(We will be serving snow or shine!)

Enjoy a variety delicious Greek dishes including:
Gyros, Souvlaki, Pastitsio, Spanakopita, Greek salad, Baklava.
Kids meals available.

FREE ADMISSION ■ FREE PARKING
Come for lunch. Stay for dinner. Take out available.

ATTENTION all Loudoun County employees, Loudoun County School employees, Loudoun County Law Enforcement employees and Fire and Rescue Personnel: Present your badge and receive a \$1.00 discount on all platters ordered.
For more information visit www.GreekOrthodoxLoudoun.org or e-mail: GOPLC@gmail.com.

Cash, Check, VISA, MASTERCARD, DISCOVER cards accepted.

Finance Update/ Reminders

Treasurer
 chettinger@ashburnvillage.org
 2009-2011 term

It is that time of year when the Finance Department is closing the month, the 4th Quarter, and Year End 2010. They will also be getting ready for the association's annual audit conducted by The Goldklang Group, CPAs, and P.C. The audit is scheduled for the end of February and should be presented to the Board of Directors no later than the April 2011 meeting.

I would also like to take the time to remind everyone to update your bill pay or automatic bank payments as the rates for 2011 have changed. The rates can be found in the center of this addition of the villager. If you are on the Association's direct debit program there is no need to contact the association as it will automatically revise the amounts accordingly. Please remember that all payments must be made electronically to avoid the \$25.00 processing fee. The electronic address and information needed for those not on the Association's Debit program is the following:

Payee: AVCA
 Address: PO BOX 105007
 Atlanta, GA 30348-5007
 Account#: This will be your street address (i.e. 44025 Courtland Dr)

To date the association continues to see an increase in Finance fees and Legal income as well as a decrease in expenses for Utilities, insurance, pool expenses and general facility maintenance.

Hope everyone's holidays were joyous and we look forward to another great year in the Village.

A-1 Home Services: Small jobs honey do lists. Basements, decks, plumbing, elec., drywall, paint, roof repairs, odd jobs. 540-454-5024

Home Improvement Specialist: Low rates for basements, drywall, fences, decks and small jobs. 25 years carpentry experience. Member Loudoun County Chamber of Commerce. Excellent Ashburn Village references available. Licensed/insured. Call Chris 703-771-9004.

Home Improvement Contractor: Specializing in finishing basements, remodeling bathrooms, remodeling laundry rooms, electrical, plumbing, exterior hot tub installations, express water heater replacement and expert at water-proofing wet basements. 30 years experience. Free estimates. For all your home improvement needs, call Marc at 703-724-0772.

Handy Guy: Painting, window washing, minor plumbing and electrical, new light fixtures, shelves and closet organizers installed AND everything in between. Free estimates. Call 703-729-0184 evenings, 925-548-1725 days.

Lee Carpentry: Framing, finish, kitchen, baths, decks, patios, plumbing, electrical, tile, masonry not problem. 35 years experience fully insured free estimates. Please call 703-953-6867.

Full Circle Home Improvement: Kitchen and bath remodeling-flooring, installation hardwood tile etc. Finish trim moldings-lighting-decks-finished basements-painting and more. Licensed and insured. Call Rich at 703-723-4268 email full_circlehome@yahoo.com

Let's Roll Painting: Leading Ashburn-based company providing the following services: (1) Interior painting; (2) Exterior painting; (3) Deck refinishing; (4) Trim installation; (5) Power washing. Call 703-723-9313 or 571-276-5758 or visit www.letsrollpainting.com to schedule a FREE estimate. Licensed and Insured.

LAWN & LANDSCAPING

The Care of Trees: Need your trees and shrubs beautifully pruned? Well maintained trees and shrubs add value to your property. Call today to set an appointment with an ISA Certified Arborist. 703-661-1700. www.thecareoftrees.com TCIA Accredited Tree Care company. The Care Of Trees.

PROFESSIONAL SERVICES

Affordable Carpet Cleaning & Restoration: Whole house special - 7 rooms/areas only \$147. Carpet stretching/repair. 24 hour emergency water damage. Mold experts. Pet

(CONTINUED ON NEXT PAGE)

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AppleFCU.org/Smart

*To qualify for the Start Smart smart Car Giveaway, you must apply for an Apple Loan and have your approved funds disbursed 11/11-3/31/11. Excludes Business participation loans. No purchase necessary. Membership eligibility rules apply. Visit AppleFCU.org/Smart for official sweepstakes rules and alternate method of entry.

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 Group Skate: \$7.00
 Cheapskates: \$6.00

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www.ashburnice.com

For Sale: Cargo bunkbeds with mattress, matching nightstand with draws, desk w/chair, two book shelves, matching winter /summer bedding. \$600 OBO. 703-729-9224 or 703-851-2200.

For Sale: Lazy Boy recliners, coffee table, 3-seater sofa, 24" Sony TV, entertainment table, foosball table, dining room table with 4 chairs, treadmill, ladies bicycle and playpen. Call 240-426-7778.

For Sale: Toddler racecar bed, blue, Little Tykes, good condition \$50. Call 571-216-8138.

For Sale: Infant 0-3 month's boys clothing large selection, gently used. Priced per item. Call 571-216-8138.

For Sale: Large, classic, modern four panel oak hutch for sale. Beveled glass, two interior lights, inlaid woodwork \$1600 OBO. Kelley 703-945-9069.

For Sale: Dining room suite ready for the holidays excellent condition. Rosewood Asian motif table plus 2 leaves 8 chairs and buffet. Will deliver, cash only \$1500.00 OBO. 703-729-6886

For Sale: Newton 24 volt electric lawn mower and attachments \$150 or best offer. Call 703-724-1406 or 571-215-0935.

For Sale: Victorian Christmas tree, 3 1/2 feet tall, purple and gold, fully lit and decorated, \$35. Call 703-858-9453.

For Sale: Hooked on phonics (new), math, (new), handwriting, girls Healy's (size 1) girls Barbie bicycle & helmet set (16 inch). Baby bassinette swing, stroller, 3-in-1 car seat, monitor, saucer. Diaper genie, Kangaroo climber (slide set), lot of toys and puzzles. Please call 703-822-4507.

For Sale: Baby items for sale at great prices! Boy clothing 0-9 mo, high chair stroller/car seat system, toys, pack-n-play, and many other items. Please call Kate 703-723-2787.

HOME IMPROVEMENT

Lee's Carpentry: Framing, finish, kitchen, baths, decks, patios, plumbing, electrical, tile, masonry not problem. 35 years experience fully insured free estimates. Please call 703-953-6867.

(CONTINUED ON NEXT PAGE)

Board of Directors Meeting

44190 NATALIE TERRACE
ASHBURN, VA, 20147
Office Telephone: (703) 723-7960
Office FAX: (703) 723-7961
Site Manager: Susan Londos
E-Mail Address: Lakeshoreoffice@verizon.net

**The January 2011 Board of Directors meeting will be
January 27, 2011 at 6:30pm in the Lakeshore Condominium Clubhouse**

Electricity in Vacant Units

If you have a unit that is vacant it is critical that you keep the furnace set a reasonable temperature to avoid pipes freezing, bursting and causing a great deal of damage. Do keep in mind that there are also water pipes located in the utility closet where the hot water heater is located.

Decks and Patios (Snow Removal)

Please clear off snow from decks and patios.

Bulk Trash

Please be reminded that bulk trash pick-up is every Wednesday. Any items for bulk trash pick up must be placed outside the dumpster enclosure on Tuesday night. As a reminder, when throwing your regular trash into the dumpster as a courtesy to your neighbors please pick up any trash that may fall on the ground and place it in the dumpster.

Window Treatments

Please be aware that window coverings visible from the exterior must be white or off-white. Please note the following Lakeshore Condominium By-Law: Article

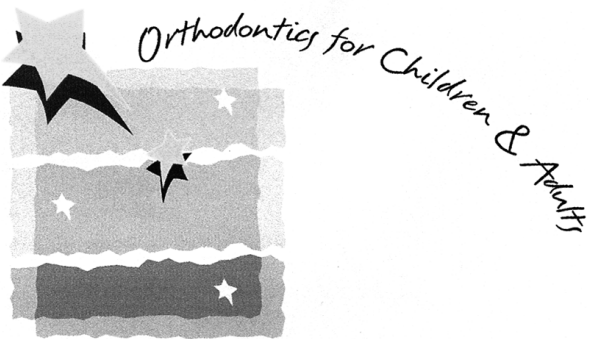
XI, Use Restrictions on Units and Common Elements, Section 1:

(u) Windows in each Unit shall be kept free of any metal bars of the type used for protection and all window treatments (curtains, blinds, shades, etc.) visible from the exterior of the Unit shall be white or off-white in color unless amended by rules promulgated by the Board of Directors.


Current State License Plates, County Tags and Current Inspection Stickers in Lakeshore Parking Lot

All vehicles parked at Lakeshore Condominium must have current state license plates, county tags and a current inspection sticker. Any person in violation will receive a notice from the Site Manager and if the problem is not taken care of the car will need to be towed off the property. Please note the following Lakeshore Condominium By-Law: Article XI, Use Restrictions on Units and Common Elements, Section 1:


(g) ...No vehicle shall remain on the Condominium premises unless it has current state license plates, county tags and a current inspection sticker...




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Hoarseness / Laryngitis & more...	& more...
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New Medical Practice! **Opening early-mid JULY '08** Call for an Appt.
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Please Help Claude Moore Rec Center Serve You

With winter weather upon us, it's time to rediscover the recreation and fitness opportunities of the great indoors. At Claude Moore Rec Center that includes all kinds of activities in two pools, a gymnasium, track, fitness room, and even a thirty foot climbing wall.

We're very proud of this beautiful county facility, and want your help to make sure that it meets the public's needs and surpasses expectations. Please take a moment to complete the survey at the following link.

www.surveymoz.com/s3/426652/Claude-Moore-Rec-Center

We want to hear from everyone; those who have been coming regularly, infrequent or lapsed users, and people who just didn't know we're here. Claude Moore Rec Center is your place for indoor recreation. Your response will help us fill it with the services, programs and equipment that best meet your needs.

Dan Peters
Manager, Claude Moore Rec Center

A New Year – Time to Try Something New

Does the thought of heading to the gym to face the cardio machines make you cringe as you begin your quest to get in shape?

Finding a form of exercise that works for you is key to finding something that 'works for you' long term. Many people find themselves sticking with what they know best – the local gym, where they spend time on the elliptical, treadmill or bike! Sound familiar?

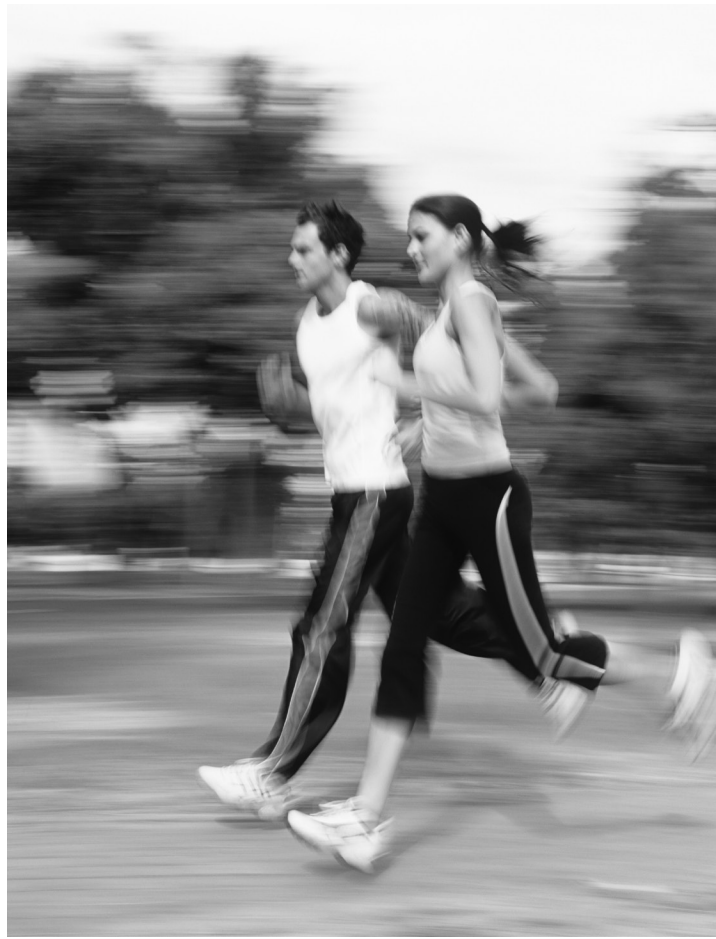
I was recently asked about why I created livefitandsore.com and blog daily about my workouts and what it takes to live healthy and fit — For me, I like to have a record of the work I have done and track my progress. But I share it with others because I think it's important for those people out there on a similar journey know they aren't alone. I am not some superhero or have extra help that allows me to do this – the group I workout with every morning at 5A, including me, are full time parents, have full time jobs, manage stresses, illnesses, successes, and challenges just like everyone else — it's a choice, a commitment and an awareness of the importance of being fit and healthy. And the benefits of leading this life present themselves in so many unexpected ways — that's one of the best parts!

So, how about starting the new year by stepping outside of your comfort zone and trying something new? That's exactly what I did 2.5 years ago and it led me to where I am today. I bet that there are probably a few training strategies out there that you have not even heard of, like High Intensity Interval Training (HIIT), that will challenge your idea of a traditional workout.

What is High Intensity Interval Training (HIIT)?

HIIT consists of short bursts of maximum effort followed by longer intervals of low to moderate intensity exercise. Most HIIT sessions last around 20 minutes. Now - don't get too excited by the 20 minute time frame – it's not an easier workout just because it's shorter! In fact, HIIT is physically demanding and requires you to go at full steam effort during that time.

HIIT is the training I have been doing – but my workouts don't last 20 mins if I am being honest. What I like about it is it constantly challenges you by having you try things you never would have imagined - EVER! During one of my workouts – I had to pull one of those gigantic tires with a rope! How fun is that? This approach can also be applied to everyday exercises – even a neighborhood run can be made into a HIIT workout – sprint, then jog, sprint, then jog. HIIT is the approach used by many



local boot camps (<http://bit.ly/findabootcamp>) and Crossfit (<http://www.crossfit.com/>) gyms locally and it's perfect for both men and women!

So use your new year's resolution to get out of your traditional gym workout rut. Explore different training approaches, do some research, and most importantly, try something challenging, different and completely outside of your norm! There isn't a doubt in my mind that you can find one that 'works for you'.

Visit my weblog, Live Fit and Sore to find more information on training strategies and ideas for healthier living for you and your family: <http://www.livefitandsore.com>. Please leave a comment when you do visit, letting me know you are finding my information helpful. While opinions and information provided at [livefitandsore.com](http://www.livefitandsore.com), are my own, my hope is that you find what you need to ignite and inspire you as you make progress on your own fit and healthy journey. I enjoy the company!

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CS M Commercial Cleaning Service: Working in your neighborhood we provide the highest quality commercial cleaning service available. We take pride in our service and will exceed your expectations. Licensed, Insured, & Bonded. Call for estimate 703-955-3645.

Spring Maids: Working in your neighborhood to provide you with the best cleaning service. Spring Maids working for more than 11 years, Licensed, Insured. Move in/out regular cleaning. Member BBB. Major credit cards 20% off the Villagers. 703-766-2097 www.springmaids.com

S M Cleaning Supply: We provide all necessary chemicals, equipment and supplies necessary to complete the cleaning tasks. We utilize EPA rated chemicals classified as green which are environmentally friendly and supply vacuum cleaners and all purpose steamer wand. 703-955-3645.

Ocean Breeze Cleaning Services: We provide the highest quality residential cleaning service available. We take pride in our service and will exceed your expectations on every visit! Licensed/Insured/Bonded. Call for free estimate, (703)-729-0447. Visit us at www.oceanbreezecleaning.com

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FOR SALE

For Sale: Antique side board, draw-leaf table, 4 chairs \$500 OBO. Mahjong table and chairs, \$700 OBO. 703-973-0201.

For Sale: WEDDING DRESS: White, strapless, ballgown, size 5/6 by DaVinci. \$300 for dress and ballgown slip! Call Bethany. 571-225-9098

For Sale: Oversize easy chair elegant paisley pattern rich golden olive hue a real bargain at \$150 please call 703-858-2896.

(CONTINUED ON NEXT PAGE)

Will you be too busy doing other things this year
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Stories In-Creasing with Megan Hicks, the Origami Swami

Many Voices, Many Stories
Tuesday, January 11, 4:00 pm
 A storytelling paper magic show
 For ages 4 & up

Andy Offutt Irwin – Storyteller z Extraordinaire

Many Voices Many Stories
Saturday, January 15, 3:00 pm
 Andy's silly putty voice, astounding narratives, hilarious heartfelt songs, and astonishing mouth noises have made him one of the most adored touring storytellers in the United States. An award-winning artist and educator, Irwin has appeared at venues such as the *Library of Congress*, the *National Storytelling Festival*, and at the *International Storytelling Center*. Four of his CDs have won *Storytelling World Awards*, and he has received two *Just Plain Folks Music Awards*. He thinks he's funny.

TEENS: FOR AGES 12-18

It's All Write – short story writing contest – Many Voices Many Stories
January 7 – March 4 – Entries to be submitted

Sunday, April 10, 6:00 pm at Ashburn Library – Winners will be announced
 There will be 1st (\$200), 2nd (\$100), and 3rd (\$50) place prizes in two categories: Grades 6-8 and Grades 9-12. Prizes will be presented by **Chris Crutcher**, award

winning young adult writer. For more information go to library.loudoun.gov/short-storycontest

The short story contest is sponsored by the Branch Library Advisory Boards, Branch Friends, and the James Horton for the Arts Trust Fund.

Teen Book Club

Thursday, January 20, 6:00 pm
 Create reviews of the books we read in the club

ADULTS

ESOL - English Conversation Group
Thursdays, 10:00 am & Tuesdays, 7:00 pm

An informal conversation group for non-native speakers to practice speaking English

One-on-One ESOL Tutoring
February - March, by Appointment
Starting January 24. Visit the Information Desk to sign up for English for Speakers of Other Languages tutoring during February and March. ESOL learners will be partnered with a volunteer for a one-hour session each week for two months.

Graphic Novels Book Club

If you think all comics are muscular men in tights, you may be surprised. Join us on the first Wednesday of every month to discuss "graphic novels" for grown-ups.

Copies of the books will be available at the Information Desk.

Wednesday, January 5, 7:00 pm
Laika by Nick Abadzis

Adult Book Club

Monday, January 3, 7:00 pm
Recommended Reads. Talk about some of your favorite books with the group. Share your recommendations and hear what others like to read.

The Path to "Published": Creating Your Personal Plan with Author David Hazard
Monday, January 10, 7:00 pm

Map your way into print by creating a personal plan to getting published.

One-on-One Foreign Language Boot Camp

February - March, by Appointment
Starting January 17. Visit the Information Desk to sign up for foreign language tutoring. You will be partnered with a volunteer for a one-hour session each week for two months. *Availability of languages will vary.

Every Child Ready to Read: Parent Workshop – REGISTRATION
Monday, January 31, 7:00 pm

Learn age-specific pre-reading skills to prepare your 0-5 year old child to learn to read.

Tips for Reducing Waste

Being careful about what you buy, consume, and throw away may not seem all that exciting even for the most committed environmental steward. But efficient daily practices and a little old fashioned common sense are good for the environment and your bottom line.

Use this checklist to see how many waste management and recycling practices you've implemented. Then make a plan of action to expand your efforts.

- Make waste reduction a priority in your home.
- Evaluate the waste you generate to identify and reduce your greatest sources of waste.
- Measure the volume or weight of the garbage you generate and set measurable reduction targets.
- Reject wasteful consumption by carefully considering what you need and buying products that last.
- Purchase products with minimal packaging or packaging that can be recycled, or buy in bulk.
- Use cloth napkins, cloth lunch bags, sponges/dish rags, reusable plates, and reusable coffee filters instead of paper alternatives.
- Repair or donate older or unwanted equipment and household goods to local charitable groups, rather than dispose of them.
- Purchase durable furniture and equipment or products made of recycled material to reduce waste from inferior products.
- Purchase recycled paper products, such as office paper, bathroom tissue, etc.
- Set up an area to collect recyclable of paper, glass, cardboard, aluminum, tin, and plastic.
- Compost outdoor wastes such as grass clippings, leaves, and kitchen waste (no meat or onions).

Avoiding Conflict with the Neighbors

We all *can* just get along. The key? Communication. It's often the best way to prevent and resolve conflict before it reaches the legal system. You don't have to be friends or spend time together to achieve a peaceful coexistence, but you should try to be a good neighbor and follow these tips:

Say hello. At the mailbox, while walking the dog or when you see a moving van arrive, introduce yourself. Learn your neighbors' names and regularly offer a friendly greeting.

Provide a heads up. If you're planning a construction project, altering your landscaping or hosting a big party, contact your neighbors beforehand.

Do unto others. Treat neighbors as you would like to be treated. Be considerate about noise from vehicles, stereos, pets, etc.

Know your differences. Make an effort to understand each other. Differences in age, ethnic background and years in the neighborhood can lead to different expectations or misunderstandings.

Consider the view. Keep areas of your property that others can see presentable.

Appreciate them. If the neighbors do something you like, let them know. They'll be pleased you noticed, and it'll be easier to talk later if they do something you don't like.

Stay positive. Most people don't try to create problems. If a neighbor does something that irritates you, don't assume it was deliberate.

Talk honestly. Tolerance is important, but don't let a real irritation go because it seems unimportant or hard to discuss. Let your neighbors know if something they do annoys.

Be respectful. Talk directly to your neighbors if there's a problem. Gossiping with others can damage relationships and create trouble.

Remain calm. If a neighbor mentions a problem they have with you, thank them for the input. You don't have to agree or justify any behavior. Wait for any anger to subside before responding.

Listen carefully. When discussing a problem, try to understand your neighbor's position and why he or she feels that way.

Take your time. Take a break to think about what you and your neighbor have discussed. Arrange to finish the conversation at another time.



Homeowner Resources Available...At Your Fingertips

The Internet is full of information for homeowners—if you can find what you're looking for. Google searches can pull up thousands of sites, most of them irrelevant, and it's your task to weed through them. Now there's a way around information overload. Community Associations Institute (CAI), a national membership group that works on behalf of communities like ours, has created a site specifically for homeowners and potential homebuyers.

The site includes links to several free CAI documents, including *An Introduction to Community Association Living and Community Matters—What You Should Know Before You Buy*. It also features links to a number of government and nonprofit websites on topics such as:

- Buying and selling a home
- Making a home affordable
- Home foreclosure resources
- Talking to a housing counselor
- Disaster information
- Emergency preparedness for families
- Fair housing laws
- Fair lending practices
- Tax information for homeowners
- Home Safety Council
- Home improvements
- Home repair and remodeling

Visit www.caionline.org/info/help/Pages/ResourcesforHomeowners.aspx.



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LOUDOUN COUNTY MASTER
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LEESBURG

SQUARE-FOOT GARDENING

January 6, 2011

7:00 p.m.



The lecture will be presented by Linna Ferguson, January 6, 2011, at 7 pm, at the Loudoun Extension Office, 30 Catoctin Circle, SE, Suite B (Wachovia Bank Building), Leesburg.

Linna is a "LOCAVORE" who supports her local food producers and believes in encouraging people to grow their own healthy food. She has been growing her own food for over 10 years and her focus is to show people CREATIVE ways to grow food in their back yards, no matter how little time or space they have. She is a full time wife, mother, and friend and has found techniques that allow her to do it all. She grows food for her family as well as manages a full time job, life, and quality family time. She is always looking for opportunities to share her message. Visit her website to learn more and for links to her blog at <http://www.foodscaper.com/>.

For more information visit the Loudoun County Master Gardener website: www.loudouncountymastergardeners.org or call the Loudoun Extension Office if you have questions at 703-777-0373. Debbie Dillion coordinates the Master Gardener Volunteer program.

"If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Debbie Dillion, Loudoun Extension Office, at (703-777-0373/TDD*) during business hours of 8:00 a.m. and 5:00 p.m. to discuss accommodations 5 days prior to the event."

Virginia Cooperative Extension programs and employment are open to all, regardless of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, or marital or family status. An equal opportunity/affirmative action employer. Issued in furtherance of Cooperative Extension work, Virginia Polytechnic Institute and State University, Virginia State University, and the U.S. Department of Agriculture cooperating. Alan L. Grant, Dean, College of Agriculture and Life Sciences, and Interim Director, Virginia Cooperative Extension, Virginia Tech, Blacksburg; Wondi Mersie, Interim Administrator, 1890 Extension Program, Virginia State, Petersburg.

Loudoun County
Library Board of Trustees



January

Happy New Year! It has been an amazing year with lots of challenges, some wonderful memories, and now a bright new year awaits us. I want to call your attention to the Ashburn Library Advisory Board (ALAB) Annual Used Book Sale. This sale is the main fundraiser for the ALAB throughout the year. ALAB helps fund the Summer Reading Program and dozens of extra programs each month throughout the year. These programs make the Ashburn Library the special place it is and enhance the experiences of all who visit the library. ALAB relies on you to contribute your used books, CDs, DVDs, and software to the sale to make it a success. Plus, during the sale it's a great way to find amazing bargains on terrific books and entertainment for your family during the winter months! Please donate and visit the sale this year!

ASHBURN LIBRARY ADVISORY BOARD BOOK SALE

Friday, January 28, 10:00 am – 9:00 pm
Saturday, January 29, 10:00 am – 5:00 pm
Sunday, January 30, 10:00 am – 3:00 pm

Books, movies, music and more – all at great prices! Proceeds directly benefit the Ashburn Library.

Donations: Paperback and hardback books, CDs, DVDs and software will be collected during regular library hours from Wednesday, January 12 to Wednesday, January 26

In 2011 the Loudoun County Public Library will be celebrating *MANY VOICES – MANY STORIES*. Look for *Many Voices Many Stories* highlights here in the Library Corner every month, in the LCPL publication Pages, on the website library.loudoun.gov or visit your Ashburn Library branch to learn more about the programs the Loudoun County Public Library has to offer. Stories are at the root of every community, every family and every culture. Join us throughout the year as we bring together a variety of storytellers, authors and artists to celebrate the many voices and many stories of our world. We start out the year with Andy Offutt Irwin, storyteller extraordinaire! See what else is coming up:

STORYTIMES:

Babygarten Storytime* (0-18 months)

Mondays & Wednesdays, 10:00 am
Saturdays, 11:00 am
*based on Babygarten curriculum

Toddler Storytime (18-24 months)

Tuesdays & Thursdays, 10:00 am

Terrific 2s

Tuesdays & Thursdays, 10:45 am

Preschool Storytime (3s-5s)

Tuesdays & Thursdays, 11:30 am

Family Rhythm, Rhyme and Storytime (2 & up with a caregiver)

Wednesdays, 1:30 pm & 7:00 pm
Saturdays, 10:00 am
Sundays, 1:00 pm

KIDS BOOK CLUBS

Ashburn Kids Book Club – REGISTRATION

For ages 8-11.

Monday, January 10, 7:00 pm

Chicken Feathers by Joy Crowley

Capital Mysteries Book Club – REGISTRATION

For ages 6-9. Books by Ron Roy

Wednesday, January 19, 4:00 pm

Who Broke Lincoln's Thumb

Junie B. Jones Book Club – REGISTRATION

For ages 6-9. Books by Barbara Park

Thursday, January 20, 4:00 pm

Junie B. Jones Loves Handsome Warren

MATH & SCIENCE PROGRAMS

123 Math & Science – REGISTRATION

An exploration of math and science concepts
For ages 8-11

Monday, January 24, 7:00 pm

Calculator riddles, puzzles, tricks and games

PROGRAMS

Teen Reading Buddies Storytime

Mondays, 4:30 pm

Encourage your child's love of books by pairing them with a teen reading buddy for one-on-one reading time.
For ages 3-6

Musical Storytime - REGISTRATION

Friday, January 21, 10:00 am

Sing, chant, play instruments and move creatively as we explore the sounds, rhythms and patterns that make up our language.
For ages 0-4 with a parent or caregiver

Family Movie Matinee

Saturday, January 8, 3:00 pm

Spy Next Door, Rated PG, 94 minutes

Sadako and the 1,000 Cranes – REGISTRATION

Friday, January 7, 3:30 pm

Learn about Sadako Sasaki and the paper cranes.

For ages 6-9

(CONTINUED ON NEXT PAGE)

Pinching Pennies on Your Pets

With the economy the way it is, we're all watching where our dollars go. That goes for pet care, too. By focusing on prevention, you will keep your pet healthy and avoid expensive procedures without sacrificing Fluffy or Fido's health.

Here are some tips:

- **Keep pets fit and trim** - Many pets we see are overweight, and that extra weight increases the chance of some serious health threats such as arthritis, diabetes, or cancer. To help maintain a normal weight on your pal (you know when you can feel the ribs on your dog, or see a waist line on your cat), make sure to measure your pet's food (with an actual measuring cup – not a "coffee can"!); minimize the treats, and work in a daily exercise regimen.
- **Do It Yourself** - You can learn basic grooming at home, from bathing to nail trims. Don't know how? Ask your groomer or vet how they do it and you can save some money! Also, learn to brush your pet's teeth, or find the right chew toys to use to lengthen the time between potentially pricey cleanings.
- **Buy Smart** - You can still buy toys for Shadow or Sadie, but you don't need to get designer clothes, collars or

pillows. Also, when getting food or litter, buy in bulk to take advantage of the savings, and store the product in airtight containers.

- **Work with your Vet** - Ask your vet if Bowzer or Brenda need all the shots that they are recommending (but don't stop going in at least once a year). Wellness exams can spot problems when they are smaller and usually easier to treat. And ask your veterinarian to write prescriptions for expensive medications that can be filled at wholesale places like Costco, or to prescribe the generic form when possible. Finally, take advantage of monthly specials that some veterinarians offer.
- **Be Prepared** - Pet insurance is growing in popularity because many people don't want the cost of treating their four-legged friend to dictate whether they seek veterinary care or not. There are many different plans and options (I like Pets Best Insurance personally), so check them out before deciding.

I hope you all are weathering the financial storms we're going through, and I wish all of you a happy and healthy holiday season, and all the best for 2009!

Two Fires Attributed to Woodstoves; Fire Marshal Urges Safety Precautions

Although we have had a relatively mild fall, it won't be long before the winter cold will be knocking at our doors. As temperatures grow colder, furnaces, space heaters, woodstoves and fireplaces will be fired up to keep us warm and cozy.

The Loudoun County Fire Marshal's Office urges everyone to use safety precautions when using alternative heating sources, such as woodstoves, fireplaces, or portable heaters. According to the United States Fire Administration (USFA), wood stoves cause over 4,000 residential fires every year.

Between Friday, November 12 and Saturday, November 13, 2010, fire and rescue personnel in Loudoun

County responded to two fires that were directly related to woodstoves.

On Friday, November 12, an accidental fire which displaced several residents and their pet cats was due to a failure of a woodstove system. Around 3:40 a.m., Loudoun County Fire, Rescue and Emergency Management received a 9-1-1 call for a structure fire at 24213 Corktree Lane in Aldie. Fire and rescue personnel from Aldie, South Riding, Arcola, Middleburg, Leesburg and Prince William County responded to the scene. Arriving fire and rescue companies discovered an extensive fire that eventually destroyed the home.

The American Red Cross coordinated long-term relocation assistance

for the residents who were displaced as a result of the fire. No injuries were reported.

The second fire occurred on Saturday, November 13. Around 9:40 p.m., Loudoun County Fire, Rescue and Emergency Management received a 9-1-1 call for a house fire at 19270 James Monroe Highway. Fire and rescue personnel from Leesburg, Aldie, Hamilton, Lansdowne, Purcellville and Loudoun Rescue responded to the scene. Arriving fire and rescue companies discovered a fire in an upper bedroom of the home. Crews were able to extinguish the fire quickly, bringing it under control in minutes, containing the majority of

(CONTINUED ON NEXT PAGE)

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the fire damage to the bedroom. Other areas of the home received water and smoke damage.

Two adults, one dog and one cat were displaced as a result of the fire. The American Red Cross was on hand to provide assistance for the displaced family. There were no injuries reported as a result of this incident.

The Loudoun County Fire Marshal's Office stated that the second fire, which resulted in estimated \$75,000 damage, was accidental due to the failure of a woodstove system.

"Through proper maintenance and upkeep of alternative heating sources, fires such as these, could be prevented," reported Fire-Rescue Chief W. Keith Brower.

According to the USFA, heating is one of the leading causes of residential fires in the United States. The USFA reports that over one-quarter of these fires result from improper maintenance of equipment, specifically failure to clean the equipment.

The Loudoun County Fire Marshal's Office and the USFA recommend taking a few simple safety precautions to prevent many of the fires caused by heating equipment.

Wood Stoves

Carefully follow the manufacturer's installation and maintenance instructions. Look for solid construction, such as

plate steel or cast iron metal. Check for cracks and inspect legs, hinges and door seals for smooth joints and seams. Use only seasoned wood for fuel, not green wood, artificial logs, or trash. Inspect and clean your pipes and chimneys annually and check monthly for damage or obstructions. Be sure to keep combustible objects at least three feet away from your wood stove.

Electric Space Heaters

Buy only heaters evaluated by a nationally recognized laboratory, such as Underwriters Laboratories (UL). Check to make sure it has a thermostat control mechanism, and will switch off automatically if the heater falls over. Heaters are not dryers or tables; don't dry clothes or store objects on top of your heater. Space heaters need space; keep combustibles at least three feet away from each heater. Always unplug your electric space heater when not in use.

Kerosene Heaters

Buy only heaters evaluated by a nationally recognized laboratory, such as Underwriters Laboratories (UL), and check with your local fire department on the legality of kerosene heater use in your community. Never fill your heater with gasoline or camp stove fuel; both flare-up

(CONTINUED ON NEXT PAGE)



Montessori Infant Class

MCHL's Montessori Infant Class is now accepting applications for 2011. Limited openings for babies 6 weeks to 16 months old. Flexible schedules are available.

Come see our new classroom! Call now for a tour of our school at your convenience.

Montessori Children's House of Loudoun

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www.MCHL.org

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Notes From Your Neighbors...

Marge Cowan, Chair
Pat May, (571) 215-7519
publicitywg@avfrd.net

Preparation: The Best Winter Defense

We found these tips on move.com and wanted to share them with you. They are common sense but often overlooked ways to defend your health against the vagaries of winter.

- Stay dry: Immediately change out of wet clothes to avoid feeling chilled.
- Drink wisely: Stay hydrated, but avoid alcoholic and caffeinated beverages, which can alter perceptions of actual body warmth.
- Know your medicines: Prescription drugs can interfere with the body's circulatory system, causing cold-related health problems. Check with your doctor(s) about possible side effects from drugs.
- Get a flu shot: Flu season peaks in January.
- Check safety devices: Make sure smoke and carbon monoxide (CO) detectors work. Fires are more prevalent during the winter and CO is a potentially dangerous gas emitted by fuel-burning heaters and appliances.
- Watch the appliances: If using a space heater, keep it 3 feet from furniture, drapes and other combustible items. Never leave heating equipment unattended.

Volunteer Opportunities


The Ashburn Volunteer Fire & Rescue Department is always looking for dedicated and hardworking members. We not only have opportunities for firefighters and EMTs, but also for administrative members who support our firefighters and EMTs. **Come join our team and discover the volunteer in you!** Visit our website for more details or contact us at recruitment@ashburnfirerescue.org.



AVFRD Proud Recipient of Loudoun Chamber of Commerce Non-Profit Small Business of the Year Award - 2010


Upcoming Events

For full details, please visit
<http://www.ashburnfirerescue.org/events/>



Pancake Breakfast
Ashburn Firehouse, 20688 Ashburn Rd.
8 a.m. until noon. February 6 and March 6.

Southern States to Match Your Donations for Diesel Fuel
Help us fill our fuel tanks on three fire engines and three ambulances. Southern States (our fuel supplier) will match all donations, up to 312 gallons per month. You can buy a gallon (or more) at our Pancake Breakfast. We thank you, and Southern States, for the support.



We are currently accepting sponsorship for all our events. Sponsorship opportunities are detailed on our website, or contact us at sponsor@ashburnfirerescue.org.
Become our fan on Facebook – <http://www.facebook.com/AVFRD>



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Can a **bright** child do poorly in reading, writing, spelling or math?

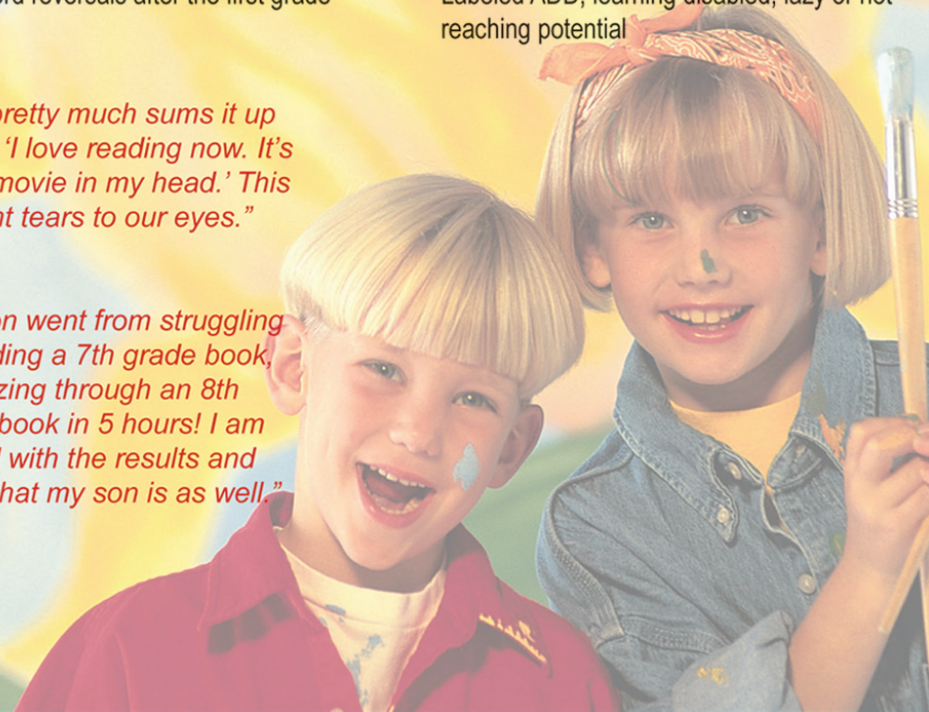
Yes...If the child has an undetected vision problem.

Symptoms of a Vision Problem

- Head tilting, closing or blocking one eye when reading
- Avoidance of near work
- Frequent loss of place when reading
- Red, sore or itchy eyes
- Omits, inserts or rereads letters and/or words
- Headaches, dizziness or nausea after reading
- Poor handwriting, mis-aligns numbers
- Slow, difficult line reading
- Behind grade level in reading
- Letter/word reversals after the first grade
- Jerky eye movements, or one eye turning in or out
- Failure to recognize the same word in the next sentence
- Difficulty copying from the chalkboard
- Confuses similar looking words
- Poor reading comprehension
- Short attention span
- Fatigue, frustration, stress associated with reading, homework, other near work
- Labeled ADD, learning disabled, lazy or not reaching potential

*"This pretty much sums it up for us: 'I love reading now. It's like a movie in my head.' This brought tears to our eyes."
— SB*

*"My son went from struggling to reading a 7th grade book, to buzzing through an 8th grade book in 5 hours! I am thrilled with the results and know that my son is as well."
— LR*



**If your child has any of the above symptoms listed above, call and schedule an appointment today!
www.cantwellvisiontherapy.com**

FIRE MARSHALL PRESS RELEASE (CONTINUED)

easily. Only use crystal clear K-1 kerosene. Never overfill any portable heater. Use the kerosene heater in a well ventilated room.

Fireplaces

Fireplaces regularly build up creosote in their chimneys. They need to be cleaned out frequently and chimneys should be inspected for obstructions and cracks to prevent deadly chimney and roof fires. Check to make sure the damper is open before starting any fire. Never burn trash, paper or green wood in your fireplace. These materials cause heavy creosote build-up and are difficult to control. Use a screen heavy enough to stop rolling logs and big enough to cover the entire opening of the fireplace to catch flying sparks. Don't wear loose-fitting clothes near any open flame. Make sure the fire is completely out before leaving the house or going to bed. Store cooled ashes in a tightly sealed metal container outside the home.

Above all else, the Loudoun County Fire Marshal's Office reminds residents of the importance of having a working smoke

alarm on every level of your home, including one in every bedroom and one outside each sleeping area.

"In a fire, seconds count. Properly installed working smoke alarms can help provide the extra seconds needed to escape safely in the event of a fire," reported Chief Assistant Fire Marshal Jan Mitchell. "We were very fortunate in both of these incidents, since neither of these homes had working smoke alarms. The outcome could have been devastating."

Safety is of the utmost concern. Take a few minutes to insure that you and your family are protected. Install smoke alarms, carbon monoxide detectors and stock your home with a dry-chemical fire extinguisher. Practice a fire escape plan, and keep emergency numbers by the phone.

Should you like further information regarding fireplace, or other alternative heating source safety, please feel free to contact the Loudoun County Fire Marshal's Office or Joy Dotson, Public Education Manager at 703- 777-0333. If you need a smoke alarm, they are available for free by calling 703-737-8093.

Be Aware of Winter Dangers: Falls, Hypothermia and Frostbite!

You think it couldn't happen to you, that you're too smart to get frostbite or hypothermia, and you never fall down. But that's thinking about history rather than today's winter weather.

Even tough guys and strong ladies can fall to the pavement when it's iced over. And the step outside your front door could be your biggest downfall.

Staying on your feet

Your foot gear makes a difference. Tennis shoes and shoes with leather soles are out. Wear shoes or boots with some tread on them.

Take your time. Just as when you drive on an icy road, go slow.

Balance yourself with your arms when you walk. That means keeping your hands out of your pockets.

Walk flat-footed on glazed sidewalks and take short, shuffling steps.

Beware of wet, slippery floors when you enter a building.

Hypothermia and frostbite

When your body's core temperature drops, you experience hypothermia, a serious and life-threatening situation.

In frostbite, cell damage occurs from the cold as a result of a lack of circulation, usually to the fingers, toes, ears or nose.

It doesn't take extremely cold temperatures to bring about either condition. Moderate cold, when combined with wind and moisture, can cause them.

Symptoms of hypothermia include violent shivering, disorientation and exhaustion. Get the person to the emergency room right away.

Frostbite progresses from a pins and needles sensation to numbness, hardened skin, blisters and worse. It can lead to gangrene, so if you have the pins and needles sensation, get inside and get warm.

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Fun after school dance class to current upbeat music, street style hip hop. Held at the Ashburn Village Sports Pavilion in the Aerobics Room. Warm ups, isolations, across the floor and dance combinations.
 Attire: Leotard & tights or comfortable fitness clothing. Jazz shoes or sneakers. Hair pulled back.

Cost
\$140
 for
 10 classes



10 week Winter Session
Jan 14th – Mar 18th
Cost \$140
Fridays
 Ages: 5-6 3:45-4:30
 Ages: 7-11 4:30-5:15

Ashburn Village Sports Pavilion
703-729-0581



youthprograms

Classes provided by the staff of Creative Dance Center.
 Located at 44710 Cape Ct, 126, Ashburn, Va 703-724-4900 www.CDCdance.com

Registration Form

PLEASE FILL OUT AND DETACH REGISTRATION FORM. SUBMIT TO AVSP FRONT DESK WITH PAYMENT TO AVSP.

Student's Name _____ Age _____

Parent/Guardian _____ AVSP Member No. _____

Email Address _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____

Any Physical Limitations or Allergies? _____

To the best of my knowledge, my child is physically able to participate in this program. I give my permission for my child to be photographed (without compensation) during the course of CDC activities with the understanding that these photograph(s) and / or videotape(s) may be used by CDC for promotional and advertising purposes as defined and authorized by CDC, Inc. I hereby waive, release, and hold harmless Creative Dance Center, Inc., Creative Dance for Children, Inc. and its employees from liability or claims resulting from any injury to me or my child (children) due to our participation in these programs.

Parent/Guardian Signature _____ Date _____

Ashburn Village Holiday Light Tour 2010



1ST



DELIGHTFUL PL.

2ND



COWGILL CT.

3RD



BROADNAX PL.

Single Family Homes:

- 1st place: "Snowman's Delightful Place", 43860 Delightful Pl.
 - 2nd place: "Santa Visits the Griswold's", 43861 Cowgill Ct.
 - 3rd place: "Holiday Hodge Podge", 20591 Broadnax Pl
- Other streets not to miss: Shy Beaver, Rainsboro, & Merrywood

Townhouses:

- 1st place: "Santa Wonderland", 21033 LaPorte Ter
 - 2nd place: "Santa Land", 44292 Silkworth
 - 3rd place: "Snowman & Lights", 43906 Chloe Ter
- Other streets not to miss: Aberdeen Ter & Kings Arm Sq.



1ST



LA PORTE TER.

2ND



SILKWORTH

3RD



CHLOE TER.



Blood Drive

Many children in the hospital require fresh blood or special rare types of red blood cells. Red blood cells, platelets, and plasma are in constant demand for victims of accidents, cancer treatments, blood diseases, and many types of surgery.

Please take a few minutes from your busy schedule and donate lifesaving blood for the patients at Children's National.



Location: Friends of Taylor Love
Ashburn Village Sports Pavilion
20585 Ashburn Village Blvd
Ashburn, VA 20147

Date: Saturday, January 29th

Time: 10 am—2 pm

To schedule an appointment, contact:

Patti Park at 703-724-1724
or patti.park@comcast.net

For more information about the Bloodmobile, visit:
www.childrensnational.org/donateblood.

Donate blood for all the little reasons.

Volunteer for an Association Committee

Committees are an important part of our association operations. Committee members help keep our community vibrant; and, by augmenting paid staff, they save the association thousands of dollars each year. The association just wouldn't be what it is without our active and effective committees. They deserve our sincerest thanks.

However, to be successful, our association needs to cultivate fresh ideas and encourage additional resident involvement in our committees; so, we'd like your help on one of our committees.

Committees give the board a way to gather information, offer new ideas and opinions and provide a training ground for future board members. All committees are advisory to the board unless given specific decision-making authority by the board or the Association's governing documents.

The board provides each committee with a job description, goal and mission statement to help it succeed as a community resource.

Our association has three types of committees:

- Administrative committees, like our architectural control committee, are set out in our association's bylaws and declaration. They are ongoing, permanent and often have clearly defined power and authority.
- Standing committees, such as our finance committee, are established by the board for an ongoing and specific purpose. These committees generally make recommendations to and act under the supervision of the board.
- Ad-hoc committees are established by the board as needed for specific projects and tasks. When the task is complete, the committee is disbanded.

If you want to learn a little more about association operations, or if you're interested in helping improve your community or just want to get out and meet neighbors, we would be thrilled to talk to you about our committees and how you might be able to help. Contact the Association office for more information.

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Happy New Year!

→ **Hoops and Hustle:**
Basketball Training Program

Strengthen your Core for the New Year
with **Core Conditioning!**

Winter/Spring Racquetball Leagues

January 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 HAPPY NEW YEAR
2	3	4	5	6	7	8 Kids Night Out Pajama Jam @ 8pm
9 AVSP Volleyball Tournament	10 Biggest Loser Challenge Begins	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29 BLOOD DRIVE
30	31					

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Biggest Loser Challenge

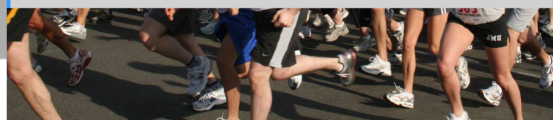
This new fitness program will offer 8 weeks of personal training which is geared towards anyone interested in decreasing inches from their waist! We welcome everyone as our training program is designed to accommodate all levels of fitness. You will be paired up with a partner or bring your own partner. The person who has lost the highest percentage of body weight at the end of challenge is crowned the Biggest Loser and awarded a prize.

Challenge Begins January 10!
Cost: \$250 Residents;
\$275 Non-Residents

For available days and times, contact
Fitness Director, Tracy Faber at
703-729-0581 ext. 114 or email at
tfaber@ashburnvillage.org

SAVE THE DATE:

Ashburn Village 5K, 10K, & Fun Run



Sunday, May 22nd

Look for Couch to 5K registration to start on March 19.

racquet sports +
aquatics



Tennis Social

Join AVSP for a Tennis Social on Friday, **January 28th from 7pm-9pm**. Enjoy an evening of social tennis with a hint of professional help. Bring your fellow player, try new Wilson demo racquets and have a great night of tennis. Sign up at the front desk.

Cost: \$20 Residents; \$22 NRTM

TENNIS TIP

"When you finally see what your opponent's weaknesses are, you must first check with yourself whether your level of play realistically allows you to play certain shots. If you your opponent moves very slowly towards the net, is you drop shot reliable enough to use it?"

Don't change your game too much or into areas that you don't master. Adapt your game so it is very difficult for your opponent, but stay in your limits."



Come and check out our re-vamped Cardio Tennis workout! As a recently certified Cardio Tennis facility, we are proud to offer this tennis class with a fitness flare! Coach Albert, Adult Tennis Director, will lead the New USTA approved Cardio Tennis format. Weekly sign up required.

Tuesday 9-10am
Thursday 7-8pm
Friday 10:30-11:30am

Cost: Residents \$21/per class; NRTM \$23/ per class

Winter/Spring Racquetball Leagues

Registration opens **January 3** for **Winter/Spring Racquetball Leagues**. Play will begin on **January 31!** Sign up for one or more leagues! Players must be residents or non-resident tennis members. These leagues are available this Winter/Spring:

Individual Competitive Flex

- Separate Mens/Womens
- Separate skill levels
- Flexible match schedule

Individual Non-Competitive Flex

- Play without pressure
- Flexible match schedule
- Points by number of matches played

Doubles League

- For players of all levels
- Men, women, or mixed
- Matches played Saturdays 9am

Cost: \$15 Residents; \$25/NRTM
Registration Opens: January 3
Registration Closes: January 17

The Winter II Junior Tennis session begins on February 21st. Registration opens: January 17 for Residents and January 24 & 25 for NRTM's



Aquatic Stroke Clinics
Get Ready for
Summer Swim Team

AVSP will be offering Stroke Clinics in two 8 week sessions: Feb/Mar and Apr/May. Stroke Clinics will meet once a week. Individuals registering for the stroke clinics should be able to swim 25 meters of both freestyle (front crawl) and backstroke. Also, they should be able to swim 15 meters of either breaststroke or butterfly. Stroke Clinics will be offered on both weeknights and weekends. **The cost is \$85 Residents / \$100 Non-Residents for each 8 week session.** Stroke Clinics are limited to 8 students and one stroke clinic section per student.



group swim lessons

Registration dates for the Group Swim Sessions are as follows:

Winter Session 3

Session Runs: Feb. 14 –March 11

- Resident registration opens on Wednesday, February 2 @ 7pm
- Non-Residents registration opens on Sunday, February 6 @ 7am
- Registration closes February 10 @ 9pm
- Classes meet twice a week for 4 weeks.

Aqua Jets Registration

Aqua Jets Registration Information is coming soon! The registration packet will be available online and at the Sports Pavilion on or before February 1.

AVSP Indoor Pool Closed from 11:00 am to 4:00 pm on Jan. 9 and Feb. 27, for Blue Waves Swim Meet.



Deep Water Training

Sundays, 6:30pm

Utilize deep water running exercises to strengthen and tone muscles, improve your cardiovascular system, and allow you to enjoy a refreshing and challenging workout with less stress and strain on your joints.

Day/Time: Sundays @ 6:15pm
Dates: January 16 - February 20
Cost: \$80 Residents; \$110 Non-Residents
Drop-In: \$15 Residents; \$20 Non-Residents

Belly Dance

Belly Dance is a cardiovascular and strength workout. It teaches participants how to isolate muscles and work them independently.

LEVEL I
Days/ Times: Wednesdays @ 8:30pm
Dates: January 12-March 2
LEVEL II
Days/ Times: Mondays @ 8:30pm
Dates: January 10-February 28

Cost: \$65 Residents; \$87 Non-Residents
Drop-In: \$10 Residents; \$15 Non-Residents
Instructor: Stephanie Niday

Power, Agility & Speed

This is an intensive 8 week training program for youth ages 12-17. Power, Agility & Speed training will help your movements become faster and more powerful. This program is designed for boys and girls who desire to improve their performance in a sport or just become more athletic. The workout uses explosive jumping movements and quick transitioning footwork drills.

Day/Time: Thursdays @ 6:15pm
Dates: January 20 - March 10
Cost: \$65 Residents; \$87 Non-Residents
Instructor: Coach Adam Jones



Creative Dance

Sign your child up for Hip Hop/Jazz Dance classes at AVSP!

Day: Fridays
Dates: January 14 - March 20
Ages/Time: 5-6 years 3:45-4:30pm
 7-11 years 4:30-5:15pm
Location: AVSP Group Exercise Room
Cost: \$140

Registration now open!
 Spaces are limited, sign up today!

ABC Tennis Conditioning

AVSP will be offering an ABC Tennis Conditioning class for youth ages 12 to 17. ABC Tennis Conditioning is a Sport-Specific Training program designed to improve your footwork through agility drills as well as strength and conditioning drills to improve your balance and coordination.

Day/Time: Tuesdays @ 5:00pm
Dates: January 18 - March 8
Cost: \$60 Residents; \$75 Non-Residents

HOOPS & HUSTLE

Basketball Players! Want to increase your vertical and improve your speed?



AVSP will be offering **Hoops & Hustle** for youth ages 11 to 15. Hoops & Hustle is a Sport-Specific Training program designed to specifically condition each fitness component to meet the physical demands of basketball. The class will incorporate agility drills to improve your footwork as well as strength and conditioning drills to improve your balance and coordination.

Day/Time: Thursdays @ 5:00pm
Dates: January 20 - March 10
Cost: \$60 Residents; \$75 Non-Residents



Fitness Tip from Fitness Director, Tracy Faber:



"So, what's the secret to successful resolutions?"

- Choose an obtainable goal
- Create a game plan
- Reward yourself with each milestone
- Don't go it alone! Get professional assistance.
- Limit your number of promises.



CORE CONDITIONING
 TUESDAYS, 5:30PM

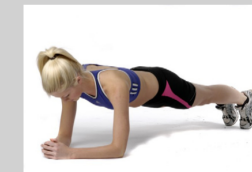
Join this 45-minute **Core Conditioning** class with an emphasis on strengthening and stretching the muscles of the abdominal, pelvic and lower-back regions. Core training is helpful in sustaining the ability to perform the activities of daily living. This class will help you improve both your physical form as well as your ability to function. This class is recommended for intermediate levels and above.

Day/Time: Tuesdays @ 5:30pm
Date: January 18 - February 1
Cost: \$40 Residents; \$45 Non-Residents
Drop In: \$10 Residents; \$15.00 Non-Residents
Instructor: Laura Newell



Kid Fit is a 45 minute class designed for youth ages 10-14. The class combines cardio, resistance and core training into one fun filled, energetic class.

Days: Tues. & Thurs.
Time: 4:15pm
Dates: Jan. 18 - Feb. 10
Cost: \$60 Residents; \$84 Non-Residents



Kids Night Out Pajama Jam!

ASAP will be hosting a Kids Night Out Pajama Jam for children ages 6 to 12 years. **Come join the fun Saturday January 8, 2011 from 8:00 pm to 11:00 pm! Kids The cost is \$30 for residents and \$35 for nonresidents.** There is a discount for additional siblings!



FREE Polar™ Body Age Assessments

Let the AVSP Personal Trainers help you determine your body's age verses your biological age. Assessments will be offered on the following days and times:

Tuesday, January 11 at 9-11am and 5-7pm

There is no cost, however registration is required. Please wear comfortable, loose-fitting clothing.

Volleyball Tournament

AVSP is hosting a Volleyball Tournament Sunday, January 9 starting at 10 am! Multiple ages brackets available. \$200 cash prize to the winning team. Contact Chris Cabrera for more information at ccabrera@ashburnvillage.org.



FIRST AID + CPR CERTIFICATION

American Red Cross: First Aid & CPR/AED Training

Gain the skills and confidence to act in an emergency. Pre-registration is required for this course.

Date: Monday, February 7
Time: 6-8pm First Aid; 8-10pm CPR/AED
Location: Lakes Recreation Center 44078 Cheltenham Cr.
Instructor: Heather Purk

Cost per course is \$25 for Residents and \$30 for Non-Residents. If you need both courses the cost is \$50 for Residents and \$60 for Non-Residents.



This course gives a general introduction to the "do's" and "don'ts" of fitness and weight training, emphasizing safety, proper technique, weight selection, as well as gym etiquette. This is a two-day course and teens must demonstrate competency on the equipment and pass a written quiz. After completing this course teens ages 12-15 may use the fitness center with parental supervision. Please note, participation in both days of the session is required. Course is the following days/times:

January Session 1:
Dates: Mon., Jan. 3 & Wed., Jan. 5
Time: 4:30pm
Cost: \$15

January Session 2:
Dates: Tue., Jan. 18 & Thurs., Jan. 20
Time: 4:30pm
Cost: \$15

**Individual Dwelling Unit Charges per Month (PUPM)
Assessments**

Homeowners should adjust all assessments to be paid beginning January 1, 2011 to reflect the new approved amounts according to their dwellings.

Dwelling Type & Assoc. Expenses	Units	2010 Monthly Assessment	2011 Monthly Assessment	Assessment Differential
Single Family				
General LCE	5,071	\$48.13	\$54.12	
General S/U LCE	5,071	\$4.49	\$4.67	
Recreational LCE	4,255	\$12.30	\$11.05	
Recreational S/U LCE	4,255	\$0.62	\$0.75	
RF AVSP S/U LCE	4,255	\$3.00	\$2.86	
RF AVSP LCE	4,255	\$23.82	\$21.95	
Single Family Detached LCE	1,505	\$1.82	\$1.54	
Single Family Detached R/R LCE	1,505	\$20.05	\$19.00	
Total Single Family Monthly Assessment		\$114.23	\$115.94	\$1.71
Townhome				
General LCE	5,071	\$48.13	\$54.12	
General S/U LCE	5,071	\$4.49	\$4.67	
Recreational LCE	4,255	\$12.30	\$11.05	
Recreational S/U LCE	4,255	\$0.62	\$0.75	
RF AVSP S/U LCE	4,255	\$3.00	\$2.86	
RF AVSP LCE	4,255	\$23.82	\$21.95	
Townhome LCE	2,424	\$7.22	\$8.21	
Townhome R/R LCE	2,424	\$15.03	\$13.81	
Gala Circle Utilities	88	\$10.75	\$10.42	
TH Age Restricted Grounds Fee	108	\$15.33	\$15.32	
Total Townhome Monthly Assessment		\$114.61	\$117.42	\$2.81
Total Gala Circle Townhome Monthly Assessment		\$125.36	\$127.83	\$2.47
Total Age Restricted Townhome Monthly Assessment		\$129.94	\$132.74	\$2.80
Condominium				
General LCE	5,071	\$48.13	\$54.12	
General S/U LCE	5,071	\$4.49	\$4.67	
Recreational LCE	4,255	\$12.30	\$11.05	
Recreational S/U LCE	4,255	\$0.63	\$0.75	
RF AVSP S/U LCE	4,255	\$3.00	\$2.86	
RF AVSP LCE	4,255	\$23.82	\$21.95	
Total Condominium Monthly Assessment		\$92.37	\$95.40	\$3.03
Total Age Restricted Condominium Monthly Assessment		\$92.37	\$95.40	\$3.03

The Village is comprised of a total of 5,071 units.

- 1505 Single family dwellings 2424 Townhome dwellings
- 326 Condominium dwellings 816 Multi-Family units

Single Family Dwellings:

The General Limited Common Expenses (LCE) and General Sewage/utilities Limited Common Expenses (S/U LCE) are paid by all 5071 units. These expenses are the Administrative and General Operational Expenses such as newsletter, web site, Facility and Grounds, legal, and the portion dedicated to the General Reserves.

Recreational Limited Common Expenses (LCE) and Recreational Sewage/Utilities Limited Common Expenses (S/U LCE) are paid by 4255 units. Multi-Family units do not share this item as they have no use of the facilities (outdoor pools and the three Recreational centers: Lakes, Mills and Woods.)

The Ashburn Village Sports Pavilion (AVSP) Limited Common Expenses (LCE) and AVSP Sewage/utilities Limited Common Expenses (S/U LCE) are paid by 4255 units. Multi-Family units do not share this item as they have no use of the Ashburn Village Sports Pavilion without paying for an outside membership.

The Single Family Detached Limited Common Expenses (LCE) and The Single Family Detached Refuse/Recycling Limited Common Expenses (R/R LCE) are paid by 1505 Single family units. This expense covers the trash contract and the Single family portion of reserves.

Townhome Dwellings

The General Limited Common Expenses (LCE) and General Sewage/utilities Limited Common Expenses (S/U LCE) are paid by all 5071 units. These expenses are the Administrative and General Operational Expenses such as newsletter, web site, Facility and Grounds, legal, and the portion dedicated to the General Reserves.

Recreational Limited Common Expenses (LCE) and Recreational Sewage/Utilities Limited Common Expenses (S/U LCE) are paid by 4255 units. Multi-Family units do not share this item as they have no use of the facilities (outdoor pools and the three Recreational centers: Lakes, Mills and Woods.)

The Ashburn Village Sports Pavilion (AVSP) Limited Common Expenses (LCE) and AVSP Sewage/utilities Limited Common Expenses (S/U LCE) are paid by 4255 units. Multi-Family units do not share this item as they have no use of the Ashburn Village Sports Pavilion without paying for an outside membership.

The Townhomes Detached Limited Common Expenses (LCE) and Townhome Refuse/Recycling Limited Common Expenses (R/R LCE) are paid by 2424 Townhome units. This expense covers the trash contract, the Townhome portion of reserves and a portion of the snow removal.

Gala Circle Utilities are paid by the 88 Gala Townhomes for exterior lamp gas.

Townhome (TH) Age restricted Grounds fees are paid by 108 units for the monthly Grounds contract to that section.

Condominiums

These 326 units only participate in the General LCE, the General S/U, Recreational LCE, Recreational S/U, RF AVSP LCE and the RF AVSP S/U as describe above.